

## June is National Safety Month: Educate, Inform and Engage your Members



Leverage the mPulse Mobile Platform to increase awareness across your membership about important safety issues and reduce risk of injuries. mPulse provides a customized SMS library so you can easily provide your members specific information about how to protect themselves and others.

## MPULSE SMS LIBRARY FOR NATIONAL SAFETY MONTH

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Week 1
Prevent prescription
drug abuse



Week 2 Stop slips, falls and trips



Week 3
Be aware of your surroundings



Week 4
Put an end to
distracted driving

Check the expiration date on your medicines. If they are out-of-date, get rid of them! Learn more: http://goo.gl/JzOMCr About half of all falls happen at home. Use this prevention checklist to stay safe: http://goo.gl/ ITSqTU All types of jobs

– even desk jobs –
can lead to injuries.
Take steps to stay
safe at work: http://1.
usa.gov/YAR6GC

Lack of full attention to driving is a distraction. Take care of it before or after the trip, not while behind the wheel

## WHY OBSERVE NATIONAL SAFETY MONTH?



70%
Percentage of prescription
drug abusers who got pills from
friends or relatives



Number of nonfatal falls among older adults leading to emergency visits and hospitalization



Number of people injured daily in crashes involving a distracted driver

Contact your account representative to get access to the full mPulse SMS Library.

## OTHER NATIONAL HEALTH OBSERVANCES IN JUNE

Our extensive SMS libraries also have prewritten texts addressing the following observances:





Cataract Awareness Month



Hernia Awareness Month



National Aphasia Awareness Month



National Congenital Cytomegalovirus Awareness Month



National Scleroderma Awareness Month



Myasthenia Gravis Awareness Month

Resources: (1) White House Office of National Drug Control Policy's Prescription Drug Abuse Prevention Plan, 2011. (2) CDC Home & Recreational Safety. (3) CDC Motor vehicle Safety

